

<b>MENTAL HEALTH/D&amp;A SERVICES</b> <b>Emergency Psychiatric Services</b>	<i>All providers are licensed to treat children, adolescents and/or families. It is their responsibility to maintain their licenses to keep current and in good standing.</i>	<b><i>Always consult your insurance for coverage. This list was comprised primarily as an informational guide for local resources.</i></b>
<b>PENNSYLVANIA COUNSELING &amp; THERAPY</b>		
A Counseling Center/ Cornerstone Counseling Kathy Donson LCSW Jennifer Smetana	1863 Route 739 Dingman’s Ferry, PA 18328 570-828-7050	Sliding Fee Scale, Most Insurances Accepted Does not accept Medicare
Dr. John G. Kuna and Associates	1011 Pennsylvania Avenue Matamoras, PA 18336 570-961-3361	Accepts most insurances. The Case Manager will direct you to the therapist which best fits your needs and insurance plan. <b>Evening hours available: Monday, Tuesday and Thursday.</b>
Catholic Social Services (Drug & Alcohol)	10 Buist Rd, Suite 202, Milford, PA 18337 570-296-1054 570-296-9227 (fax)	Self-Payment, Medicaid, Aetna, Significa and Private Health Insurance Financial Assistance: Sliding Fee Scales and Facility Payment Assistance
Center for Stress Reduction	3 Coates Dr Ste 8 Goshen, NY 10924 (845) 291-0999	Accepts most insurances. <b>Evening Hours Available by appointment.</b>
New Life Counseling Services  *Does not see children under 16*	224 Broad Street, Suite 206, Milford, PA 18337 570-316-6303 917-655-7014 (Cell)	Out of network  <b>Evening hours available:</b> Wednesday and Thursday
Northeastern Behavioral Health Kimberly Kowalik-Smith	507 Broad Street, 2 <sup>nd</sup> Floor Milford, PA 18336 570-832-4339	Out of network, sliding scale
Donna Marie Piazza, LCSW	204 East Hartford Street Milford, PA 18337 201-317-5481	Accepts some insurances
Kathryn L. Vennie, MS	2591 Rt. 6, Suite C, Hawley, PA 18428 570-226-4022	Does not accept PA Access, Medicare or Medical Assistance <b>After Hours Available</b>
Youth Advocate Programs	10 Buist Road Milford, PA 18337 570-296-5690 <a href="http://www.yapinc.org">www.yapinc.org</a>	Most major insurances including Medicaid, Medicare, CHIP
Pathways Community Services (Providence)	10 Buist Road, Suite 301 Milford, PA 18337 570-296-6915	Most major insurances including Medicaid, Medicare, CHIP

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	<a href="http://www.pathways.com/pennsylvania-pathways-community-services">www.pathways.com/pennsylvania-pathways-community-services</a>	
Mental Health & Developmental Services (MH/DS) Carbon-Monroe-Pike 24 Hour Emergency Services	Milford Professional Park 10 Buist Road Milford, PA 18337 570-296-6484 ext. 3514	Most major insurances including Medicaid, Medicare, CHIP
Redco Group/Behavioral Health	10 Buist Road Milford, PA 18337 570-296-1138	Medical Access Only- Any State Insurance Provider
Pike County Teen and Family Resource Center Luke Barbalich - <b>Prevention Education</b>	Milford Health and Wellness Center 111 East Catherine Street Milford, PA 18337 570-409-8484 (Press 4)	Free services through Atlantic Health System
Anthony Cuttitta, LCSW	729 Sarah Street Stroudsburg, PA 18301 570-420-9807	Sliding Fee Scale
Josephine Mero, LMSW	High Point Business Center 1056 Route 390 Mountainhome, PA 18342 570-234-0880	Aetna, BlueCross and BlueShield, Cigna, Highmark, Magellan Behavioral Health, Multiplan, TRICARE To Be Determined, Out of Network, Sliding Scale
Creative Solutions Counseling, LLC Ilene Bustos - <b>Specializes in Art Therapy</b>	529 Seven Bridges Rd., Suite #203, East Stroudsburg, PA 18301 570-232-4749 Email: Ibustosat@gmail.com	Highmark and Tri-care
Second Haven (Rose Resiliency)	2557 Route 940, Suite 102, Pocono Summit, PA 18346 866-343-5509 ext.720 <a href="http://www.secondhaven.org">www.secondhaven.org</a>	Call your health insurance group representative to answer any questions you may have regarding your outpatient mental health coverage.
Mathew Burger and Associates Mathew Burger, MD	340 Montage Mountain Rd. Moosic, PA 18507 570-346-3686 570-207-0615 (Fax) <a href="https://www.matthewbergermd.com/home.html">https://www.matthewbergermd.com/home.html</a>	Aetna, Cigna, United Healthcare, Tricare Standard, GHP, Highmark, Amerihealth, Northeast, Self-Pay
Scranton Counseling Center (Lackawanna Residents Only)	326 Adams Avenue Scranton, PA 570-348-6100	At the time of your first appointment, a liability specialist will determine your method of payment and if you are responsible for any out-of-pocket payments.  If you are covered by a participating health insurance plan, you must provide the information and any referral forms that are necessary for insurance reimbursement. Payment of insurance co-pays is expected at the time services are provided.

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		<p>If you do not have insurance or are unable to pay the normal fees, the liability specialist will review your financial status and establish your fee based on a sliding scale. Payment of fees is expected at the time services are provided.</p> <p>Your prompt payments will help ensure the continuation of quality care for everyone in our community.</p>
Children’s Service Center	335 South Franklin Street Wilkes Barre, PA 18702 570-208-4034	Accepts most insurances.
Kids Peace Hospital	100 Community Drive, Suite 208 Tobyhanna, PA 18466 570-243-8787 800-257-3223 (Headquarters)	<a href="http://www.orchardbehavioralhealth.org/">http://www.orchardbehavioralhealth.org/</a>
A Home Within (Free Therapy for youth and adults who have been in the child welfare system)	888-898-2249 <a href="http://www.ahomewithin.org">www.ahomewithin.org</a>	Free for children and adults who have been in the child welfare system.
Friendship House	1509 Maple Street, Scranton, PA 18505 570-342-8305	Accepts most insurances. Please call to verify.
<b>PSYCHIATRIST (PA &amp; NY)</b>		
Wayne Memorial Community Health Center Dr. Campbell	Honesdale Behavioral Health-Stourbridge Professional Complex-600 Maple Avenue Honesdale, PA 18341 570-253-8219	Accepts most private insurances, medical assistance and Medicare. They also offer sliding fee scales for those who qualify.
Ann Akers, LP, MDiv, NCPsyA	30 East Main St. Port Jervis, NY 12771 917-791-2069	Out of network Reimbursement might be possible. Flexible Fee Schedule
<b>NEW YORK COUNSELING &amp; THERAPY</b>		
Cross the Bridge Counseling Services	41 Dolson Avenue Middletown, NY 10940 845-342-5789 <a href="http://www.myroosa.org">www.myroosa.org</a>	Accepts most insurances
Crystal Run Healthcare	155 Crystal Run Road Middletown, NY 10941 845-703-6999 <a href="http://www.crystalrunhealthcare.com/specialties/behavioral-health">http://www.crystalrunhealthcare.com/specialties/behavioral-health</a>	Accepts most insurances

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<b>NEW JERSEY COUNSELING &amp; THERAPY</b>		
The Center for Prevention and Counseling	61 Spring Street, 3 <sup>rd</sup> Floor, Newton NJ 07860 973-383-4787 <a href="http://www.centerforprevention.org">www.centerforprevention.org</a>	Your first interaction will be with one of their admissions coordinators. They will orient you to their programs and funding options. The Center has many options available for those who are unable to pay for treatment, such as county and state funding.
TRUE COLORS Center for Creative Therapy Jennifer Whitlock, LPC (specializes in teen mental health)	93 Main Street, Ground Floor, Newton, NJ 07860 973-222-3750 <a href="mailto:Jen@JenWhitlock.com">Jen@JenWhitlock.com</a> (She prefers emails)	<a href="http://jenwhitlock.com/financialinformation.html">http://jenwhitlock.com/financialinformation.html</a>
New Bridge Counseling	70 Sparta Avenue Sparta, NJ 07871 973-726-0697	Accepts most insurances including Medicare and Medicaid
Tri County Behavioral Health	172 Woodport Road Sparta, NJ 07871 973-691-3030	Most insurances accepted <b>EXCEPT NJ Family Care(Medicaid)</b>
Psychological Services of North Jersey, LLC.	Andover Office: 39B Newton Sparta Road, Andover NJ 07860 Hackettstown Office: 254 B Mountain Ave., Suite 202, Hackettstown, NJ 07840 Randolph Office: 765 Route 10 East, 2 <sup>nd</sup> Floor, Randolph, NJ 07869 Springfield Office: 675 Morris Ave, Suite 202, Springfield, NJ 07081  908-979-1144	With insurance plans in which we are considered ‘in network’, you will be responsible for a small copayment that is set by that insurance company, after any deductible your particular policy may have is met. With other insurance plans, we are considered ‘out-of-network’. In those cases, we most often can still accept your insurance and they will most likely cover part, or most, of the cost of treatment. When using your out of network insurance benefits, the copayment will be determined on an individual basis between you and your therapist.
Mental Health Screeners Newton Medical Center	175 High Street Newton, NJ 07860 HOTLINE: 973-383-0973	Accepts most major insurances
<b>EMERGENCY RESOURCES/CRISIS</b>		

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County Crisis Intervention	570-992-0879 / 800-849-1868	24 Hours/7 Days a Week
Alateen& Alanon Hotline	570-296-5900 <a href="http://www.aa.org/">http://www.aa.org/</a>	
Drug Tip Line	866-326-7256 <a href="http://www.psp.pa.gov/pages/report-a-tip-by-phone-or-online.aspx">http://www.psp.pa.gov/pages/report-a-tip-by-phone-or-online.aspx</a>	
National Suicide Prevention Lifeline	800-273-8255 (TALK) <a href="http://www.suicidpreventionlifeline.org">www.suicidpreventionlifeline.org</a>	24 Hours/7 Days a Week
National Hope Line Network	800-784-2433 (SUICIDE) <a href="http://www.hopeline.com">www.hopeline.com</a>	24 Hours/7 Days a Week
WARM Line	866-654-8114	6:00am-10:00pm 7 days a week
Service Access Management (SAM)	610-236-0530	24 Hours/7 Days a Week
National Suicide Prevention Resource Center	<a href="http://www.sprc.org">www.sprc.org</a>	
National Eating Disorders Association	800-931-2237 <a href="https://www.nationaleatingdisorders.org/">https://www.nationaleatingdisorders.org/</a>	24 Hours/7 Days a Week Crisis Support Text NEDA to 741741 for treatment referrals, educational resources and statistics
National Association of Anorexia and Associated Disorders	630-577-1333 <a href="http://www.anad.org/">http://www.anad.org/</a>	Referrals to therapists, dieticians, and treatment centers
Teen Central	<a href="http://www.teencentral.net">www.teencentral.net</a>	
Sexual Assault Hotline	973-829-0587	24 Hours/7 Days a Week
American Foundation for Suicidology	<a href="http://www.suicidology.org">www.suicidology.org</a>	
American Foundation for Suicide Prevention	<a href="http://www.afsp.org">www.afsp.org</a>	

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HOSPITALS & OUTPATIENT/INPATIENT		
Bon Secours Community Hospital Mental Health Unit	160 East Main Street Port Jervis, NY 12771 845-858-7121	Accepts most insurances.
Orange Regional Counseling Services	420 East Main Street Middletown, NY 10940 845-333-7800	Accepts most insurances.
Newton Medical Center	175 High Street Newton, NJ 07860 973-383-0973	Accepts most insurances.
First Hospital	562 Wyoming Avenue Kingston, PA 18702 570-552-3900	Accepts most insurances.
Lehigh Valley Hospital	206 East Brown Street East Stroudsburg, PA 18301 570-421-4000	Accepts most insurances.
St. Luke's Monroe Campus	100 St. Luke's Lane, Stroudsburg, PA 18360 (272) 212-1000	Accepts most insurances.
SOCIAL SERVICES		
Pike County Assistance Office	866-267-9181 Helpline: 1-800-692-7462	
Children and Youth of Pike County	570-296-3446 <a href="https://www.pikepa.org/cys.html">https://www.pikepa.org/cys.html</a>	
CDD- Center for Developmental Disabilities	101 Pocono Drive Milford, PA 18337 570-296-3992 570-296-4919 (Fax)	
Mental Health/Developmental Disabilities Center	570-421-2901	

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Stay Warm PA	866-550-4355	
PA Human Services Guide	<a href="http://www.health.state.pa.us">www.health.state.pa.us</a>	
Juvenile Legal Services Pennsylvania Bar Association Lawyer Referral Services	1-800-932-0311	
North Penn Legal Services	168 East 5 <sup>th</sup> St. Bloomsburg, PA 570-784-8760	
The Center for Lesbian and Gay Civil Rights	866-LGBT-LAW <a href="http://www.equalitypa.org">www.equalitypa.org</a>	
LGBT Youth in Crisis	800-246-7743 <a href="http://www.youthtalkline.org">www.youthtalkline.org</a>	
Gay, Lesbian, Bisexual & Transgendered Hotline	888-843-4564 <a href="http://www.glnh.org">www.glnh.org</a>	
Food Information Line	1-800-366-3997	
Food Stamp Hotline at PA Hunger Action Center	1-800-634-2033 <a href="http://www.pahunger.org">www.pahunger.org</a>	
National Domestic Abuse Hotline	1-800-799-SAFE	
Healthy Kids Helpline for CHIP	1-800-986-KIDS <a href="http://www.chipcoverspakids.com">www.chipcoverspakids.com</a>	
Partnership for Prescription Assistance	888-372-1358 <a href="http://www.pparx.org">www.pparx.org</a>	
Making Homes Affordable	888-995-4673 <a href="http://www.makinghomeaffordable.gov">www.makinghomeaffordable.gov</a>	
Pike County Human Development Office	506 Broad Street Milford, PA 18337 570-296-3434 <a href="http://www.pikepa.org">www.pikepa.org</a>	

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FOOD/HOUSING ASSISTANCE		
Wayne/Pike Housing Authority	130 Carbondale Road Waymart, PA 18472 570-488-6069 <a href="http://www.wchahousing.com">www.wchahousing.com</a>	
Holy Trinity Lutheran Church Food Pantry	16 Delaware Crest Dingman's Ferry, PA 18328 570-828-7411	Monday-Friday 9am-12pm
Ecumenical Food Pantry of Pike County Good Shepard Church	110 West Catherine St. Milford, PA 18337 570-618-3471 (Food Pantry) 570-296-8123	
Bushkill Outreach (food pantry, clothing, furnishings)	PO Box 103 Community Drive, Bushkill, PA 18324 570-588-0660	
Heating Assistance/Low-Income Home Energy Assistance Program (LIHEAP) Pike County Assistance Office	Toll Free: 1-866-267-9181 Phone/LIHEAP: 570-296-6114 570-296-4183 (Fax) <a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a>	
Good Cheer Food Pantry	St. Luke Lutheran Church Route 590 Greeley, PA (570) 226-3966	
Hawley Methodist Church	315 Church Street, Hawley, PA 18428 570-226-3875	
Loaves and Fishes/Paupack United Methodist Church	597 Route 507 Paupack, PA 18451 (570) 857-1141	
Paupack Methodist Church	597 Route 507, Paupack, PA 18451 570-857-1141	
Queen of Peace Church (food voucher program)	Queen of Peace Church 314 Chestnut Ave .Hawley, Pa 18428 570-226-2285	
St. Paul's Lutheran Church Food Bank	405 Church St, Hawley, PA 18428 570-226-2411	



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